



"A fast and effective way to perform your Manual Handling training and risk assessments enabling 100% compliance."

Manual Handling

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Manual handling accounts for over 38% of all lost time incidents. The regulations apply not only to warehousing and manufacturing environments, but also to office environments where staff can be required to lift PC's, desks, printers and other office equipment.

Manual Handling Made Easy

Learnsafe's Manual Handling e-learning module focuses on preventative measures as defined in the HSE's Guide to Manual Handling and provides a complete training and assessment solution to help you comply with the regulatory compliance requirements. Employees are tested before being allowed to do the manual handling activity risk assessment.

Manual Handling Risk Management

The Manual Handling risk assessment assesses the risk in relation to each employee, based on factors such as load, handling environment, frequency of handling and creates a report to enable you to provide hands on training and handling aids where necessary to high risk employees.

Management Reporting (LMS)

The reporting module allows you to manage all of your training from one central location and provides a picture of progress throughout your organisation. Automatic reminders and scheduled re-training functions mean that you can focus on pro-active safety management and let the system manage your training and assessments, across multiple sites.

The Learnsafe Manual Handling Compliance Module Will:

- 📌 Deliver a rapid training roll-out of manual handling training across your organisation
- 📌 Identify high risk employees & enable you to implement targeted control measures
- 📌 Support the reduction and prevention of handling related injuries and absenteeism
- 📌 Improve compliance and reduce your legal exposure
- 📌 Complement your hands on training by automating refresher training

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Handle-Safe Module Detail:

Audience:

Manual Handling occurs in a variety of working environments and office based staff should be included in the training, as well as production and warehousing staff. This module is aimed at any employee who may perform any manual handling even if it is on an infrequent basis. It is an absolute legal requirement that organisations carry out this training, under the Manual Handling Operations 1992 Regulations.

Course Objectives:

- ✔ Understand the importance of adopting good manual handling habits
- ✔ Identify and assess the risks associated with manual handling
- ✔ Reduce their risk of handling related injury
- ✔ Develop good handling techniques

Course Content:

Overview

- ✔ Welcome to Handle-Safe
- ✔ The purpose of this course
- ✔ What is manual handling?
- ✔ Why is it important?
- ✔ Legal requirements

Injury Prevention

- ✔ Working environment
- ✔ Working environment risks
- ✔ Personal risk factors
- ✔ Task risk factors

Handling Techniques

- ✔ Good handling techniques
- ✔ Pushing and pulling
- ✔ Using handling equipment

Symptoms and Causes

- ✔ Causes of injuries
- ✔ Injury type
- ✔ Areas of injury
- ✔ The back in detail
- ✔ The back and lifting
- ✔ Back injuries

Assessing the Risks

- ✔ Task risk assessment
- ✔ Handling environment
- ✔ Load characteristics
- ✔ Object characteristics
- ✔ Task factors
- ✔ Personal factors

Task Design

- ✔ Principles of task design
- ✔ Making tasks safer